



Heartland Community Schools
August 2024



			1	2
5	6	7	8	9
12			15	16
19	20	21	22	23
26	27	28	29	30

All grains are whole grain rich.

Fresh Fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.

FIRST DAY OF SCHOOL
No Breakfast
NO LUNCH

Long John
 Chicken Nuggets
 Mashed Potatoes
 Gravy
 Dinner Roll

Strawberry Bagel
 Grilled Hotdog
 Baked Beans
 Steamed Broccoli

Tornado
 Max Cheese
 Marinara Sauce
 Steamed Peas

Blueberry Waffles
 Sloppy Joe
 French Fries
 Ice Cream

Apple Frudel
 Pizza
 Steamed Corn
 Slushies

Egg & Cheese Biscuit
 Chicken Strips
 Tri Tater
 Dinner Roll
 Steamed Peas

Breakfast Pizza
 Tacos
 Long John
 Steamed Corn

Cinnamon Breadstick
 Deli Sandwich
 Chips
 Cookie

Muffin & Yogurt
 French Toast Sticks
 Egg & Sausage Patty
 100% Juice
 Tri Tater

Chocolate Chip French Toast
 Spaghetti
 Garlic Bread
 Green Beans

Pancake Wrap
 Chicken Patty Sandwich
 French Fries
 Steamed Peas